



SUNDAY, AUGUST 22, 2010

The Lapeer Race

Join us for The Lapeer Race in front of the Old Courthouse at the corner Nepessing and Court Streets in Lapeer, Michigan on **Sunday August 22, 2010**. All proceeds benefit children's charities (KIND program and Kiwanis - Lapeer)



The Lapeer Race has been reviewed for the physical activity content and has been endorsed by the Governor's Council on Physical Fitness, Health and Sports. This does not reflect endorsement of the sponsoring organization or products used. Runners over age 18 will be

eligible for the 2011 lottery to be chosen to run over the Mackinac Bridge on Labor Day, September 2011.

COURSE: This 4 mile is an out and back course with rolling hills. It starts and finishes in downtown Lapeer.

REGISTRATION/PACKET PICK UP:

- \$20 postmarked on or before July 31
- \$25 on or after August 1
- \$30 on race day
- Kids Fun Run is **Free**
- Use form below or *REGISTER ONLINE* at no additional cost to you at www.signmeup.com/70789
- SAME DAY REGISTRATION and PACKET PICK UP at the Elite Feet Running Store, 240 W. Nepessing St., Lapeer, MI available from 6:30 – 7:40 AM

AWARDS:

- Run or Walk the 4 Mile and receive a high quality, fashionable tee shirt
- **RUNNERS** – Win the race and you get a *SMO (Shiny Metal Object)*. **Custom medals** will be given to the top overall male and female plus overall master male and master female. SMOs will, also, be given to the top 3 males/females in each age group: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over, Male Heavyweight (190 lbs or more).
- **WALKERS** – Custom medals to top overall male and female plus overall master male and master female. Also (one award/group) top male/female for the following age groups: 19 & under; 20-29; 30-39; 40-49; 50-59; 60-69; 70-79; 80-89

QUESTIONS? – Call Ken Deighton (810) 955-4630 or email kend8n@gmail.com

RACE TIMES:

7:45 AM	Kids Fun Run (1/4 mile)
8:00 AM	4 Mile Run
8:00 AM	4 Mile Walk

TIMING PROVIDED BY : ROTPAC RACING, LLC.

THIS IS A CHIP TIMED EVENT

Name: Last _____ First _____ Sex _____ Age _____

Address _____ email: _____

City _____ State _____ Zip _____

Event (circle): Kids Fun Run 4 Mile Run 4 Mile Walk Mens Heavyweight Run (must be 190 lb or more)

T-shirt (circle): S M L XL NO SHIRT FEE: \$20 before 8/1/10; \$25 on/after Aug 1

MAKE CHECKS PAYABLE TO: **K.I.N.D.**

Waiver: Running a fun run or competitive race involves risk of serious injury. Holes and other surface defects may exist on the course, including wet pavement. Motorists, cyclists, pedestrians and animals may accidentally or purposely create hazards. Also, the strain of a long distance race can lead to serious health problems. In case of extreme weather, the course may be altered or the race may be canceled. I have read and understand this statement and agree to assume all risk of personal injury or other physical or emotional ailments. I hereby waive all liability claims against all participating groups and persons officially associated with this event, all municipalities, race officials and volunteers, and any and all sponsors including but not limited to Elite Feet Running Store, Kiwanis, Kids In New Directions, and Rotpac Racing L.L.C. for any injuries and ailments which I may incur from participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of my participation for any legitimate purpose.

Signature of Participant: _____ Date _____

Signature of Parent/Guardian if under 18 _____

Mail to: The Lapeer Race c/o K. Deighton, 221 Oxford Lake Dr, Oxford, MI 48371
Phone: (810) 955-4630